

Associates For Creative Wellness, Inc. ®



Associates For Asian Healing Arts

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Acupuncture Informed Consent

I, the undersigned, agree to acupuncture treatment and I have read and understood the following possible ill effects that occur in some people at some times, despite all usual care.

Fainting may occur, particularly if the patient is very hungry, very tired, very nervous, or under the influence of alcohol or drugs. You will usually be treated lying down to minimize this possibility. Arriving rested, fed and sober helps prevent this.

Tiny bruising occurs if the acupuncture site is moved by the patient during treatment or if a vessel is nicked during insertion. Rest still and ask your therapist to remove any needles if you need to move yourself for any reason.

All infection is avoided by use of sterile equipment. The manufacturer of disposable equipment guarantees sterility of needles.

Cupping or gwasha will leave skin discoloration (not bruising) that resolves itself in three days to one week. These techniques are used to relieve muscular pain and release trapped metabolic solids; e.g., lactic acid. This discoloration is the expected result of cupping or gwasha, not an ill effect.

Moxibustion is a heat therapy. A stray ash may cause a pinpoint burn on a fair-skinned person. If kept clean, this resolves by itself in a few days. Care is exercised to minimize this occurrence.

Signature

Print Name